



Club Operating Procedures

Introduction

Lighthouse Watersports Club is a non profit-making canoe and kayak club run by its members for its members. The club is affiliated to British Canoeing and is insured via the British Canoeing insurance scheme.

Assumed risk sport and personal responsibility

The club requires that all its members acknowledge and recognise the BCs Participation Statement:

"Canoeing and kayaking are assumed risk water contact sports that may carry attendant risks.

Participants should be aware of and accept these risks, and be responsible for their own action and involvement."

The existence of operating guidelines and risk assessment does not detract from the personal responsibility of all involved in paddling activities. If parents/guardians permit their child to take part in activities they are accepting these responsibilities on behalf of their child.

Coaches and leaders' qualifications

The club is an informal organisation. BC provides a qualification framework for coaches and leaders who lead groups on water.

Minimum age

The club does not have minimum age limits but when younger and inexperienced children paddle the club asks that they be accompanied by an adult (who can remain on the bank).

Clothing and Personal Equipment

Paddlers must wear clothing appropriate to the weather conditions, water temperature and location of the paddling activity being undertaken. This may include wetsuits, drysuits and/or cagoules.

Headwear may also be required.

Paddlers are required to wear appropriate footwear. Wetsuit boots or shoes, old trainers are suitable. No flipflops or wellingtons please. Bare feet are not permitted.

Paddlers may wish to carry food, water and/or sunscreen according to the weather conditions and length of session.

Coaches to carry safety equipment along with Mobile phones

Manual handling

Paddlers should take care when moving or lifting people or equipment. Paddlers are recommended to read the regulations on Manual Handling 1992 on the HSE website.

First aid kits

The club has a first aid kit located on the instructors vessel whom is a qualified First Aider.

Personal Equipment

Club members wishing to use their own personal equipment are responsible for ensuring that the kit is appropriate and maintained safely. The club does not take responsibility.

Boat and Equipment Storage

Kayaks will be stowed neatly in the provided van/trailer all equipment is to be cleaned with fresh water and left to dry. Check Clean Dry procedures.

Site Specific Training

The club provides site specific training for all its coaches